
FMTA August Newsletter

Join us for our Fall Kick-Off Meeting and Brunch on
Wednesday, August 16th

9:30 a.m.

at the Home of Elinore Quander

395 Spring Ranch Dr., Golden, CO 80401

**If you are able to park on the main county road please do so, as parking is limited in the driveway, and walk up the driveway to the house. If you need a shorter walk please park in the driveway. Thank you!

Please bring an item to share at our Brunch.

(Suggested A-F: Fruit, G-M: Salad, N-T: Main Brunchy Dish, Q-Z: Dessert)

SAVE THE DATE

Saturday, Nov. 4th: Achievement Day @ CCU

Saturday, Dec. 2nd: Holiday Benefit Recitals @ Southwest Plaza Mall

Saturday, Jan. 27th: Winter Festival @ Our Savior's Church

Saturday, March 9th: Sonatina Festival @ CCU

Do you have an announcement for the monthly newsletter?

Please email davina.perret@gmail.com by the first of the month to have it included in the next month's newsletter.

ANNOUNCEMENTS

Holiday Benefit Recitals @ Southwest Plaza-Saturday, Dec. 2nd.

Teachers will sign up for time slots from **9 am to 7 pm**, and families will have the opportunity to donate to our Scholarship Fund. Look for the Sign-Up at the August meeting. Or contact Davina to sign up. davina.perret@gmail.com

Sonatina Festival-March 9, 2024

The Repertoire list has been updated and uploaded on to the website. Please double check with the list before assigning pieces to students for this event.

<https://www.fmtamusic.org/sonatina-festival/>

Website:

We are updating the "Find A Teacher" directory on the FMTA website. Please click on the link provided to see if you are in the directory.

<https://www.fmtamusic.org/wp-content/uploads/2022/08/FMTA-Public-Directory-2022-23.pdf>

Email Carrie at carrie.pianoteacher@gmail.com ASAP if you:

- *Want to be removed from the list
- * Need to change information on the list
- *Want to be added to the list

Website Update: April Larsen is taking over the website updates and upkeep. Please contact her at aprillarsenmusicstudio@gmail.com with information to be posted on the website for the upcoming 2023-24 academic year.



Summer Music Camp

PRP Reading Program:

Our next book for the 2023-24 year will be *Atomic Habits*, by James Clear.

ATOMIC HABITS: An Easy and Proven Way to Build Good Habits and Break Bad Ones by James Clear Avery ISBNB 9780735211292 Copy write 2018

To read this book: 5 hours and 20 min on average

HOW this book will benefit you: **“to write a great book, you must first become the book.”**

Every habit you have — good or bad — follows the same 3–step pattern.

- Reminder (the trigger that initiates the behavior)
- Routine (the behavior itself; the action you take)
- Reward (the benefit you gain from doing the behavior)

Success is not a goal to reach or a finish line to cross. It is a system to improve, an endless process to refine. “If you’re having trouble changing your habits, the problem isn’t you. The problem is your system.”

- **Make it obvious**
- **Make it attractive**
- **Make it easy**
- **Make it satisfying.**

The secret to getting results that last is to never stop making improvements. It’s remarkable what you can build if you just don’t stop. It’s remarkable the business you can build if you don’t stop working. It’s remarkable the body you can build if you don’t stop training. It’s remarkable the knowledge you can build if you don’t stop learning. It’s remarkable the fortune you can build if you don’t stop saving. It’s remarkable the friendships you can build if you don’t stop caring. Small habits don’t add up. They compound.

Arlyce Black
(Thurs.)

Books Discussions: October 26, 2023

6708 W. Arbor Drive, Littleton, CO 80123

FREE PIANO

Lynn Dolven on the phone and she's looking to donate her 1890's Steinway Upright. Note that it does have 85-keys, but it is a beautiful instrument. It is located in Cherry Creek (6th Ave and Colorado Boulevard). 303-881-9722 or lbdolven@gmail.com



Reserve your Recital Space at Lakewood School of Music!!!

LSM now boasts TWO gorgeous grand pianos, ready for your studio recital. Contact Diane Duffey to reserve your date. #303-588-8845

