



Foothills Music Teachers Association

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September 2016

FMTA Meeting: September 21- 9:15-11:30 a.m.

"Find Freedom and Ease in Playing"- Michelle Brake

Rockley Music Center, 8555 W. Colfax Ave. Lakewood, 80215

FMTA MEETING AND PROGRAM- September 21, 9:15 a.m.

Come join us for our monthly meeting and program at Rockley Music Center as Michelle Brake helps us explore the basic principles of the Alexander Technique and helps us understand how to apply these to our teaching and playing. The Alexander Technique is an educational method used to improve physical and mental functioning by increasing awareness, reducing unnecessary tension, and re-educating one's response to stimulus. Feel free to bring your own instruments and Michelle will work with you during her presentation! (There will be a piano available here). Come and take advantage of this wonderful opportunity to receive hands-on instruction!

NEW MEMBER BREAKFAST

If you are new to FMTA, or if you've been around awhile, please join us at Rockley's Music Center Wednesday, September 21 at 8:15 a.m. for a light breakfast to learn all of the ins and outs of our organization and get your questions answered by a panel of veteran members. Please RSVP to Robin Braun robinbraun815@gmail.com by September 19.

ACHIEVEMENT DAY REGISTRATION DUE OCTOBER 5TH

Achievement Day will be held on November 5th at Colorado Christian University. Registration must be in the hands of Laura Trefethen NO LATER than October 5th. Registration forms may be found on the FMTA website at: <http://www.fmtamusic.org/achievement-day/> If you cannot hand it to her in person (for example at our Sept. 21 meeting), please send registration forms to 8257 Zev Lane, Evergreen CO 80439. You are welcome to call or email Laura if you have any questions about the paperwork- 303-656-6184 (cell) or lauratrefethen@gmail.com. Please remember a stamped and self-addressed envelope and Laura will mail you your schedule the week of October 17th. If you have any teenage students that would like to volunteer anytime during the day of November 5th, please contact Laura at 303-656-6184. Laura will be available directly after our Sept 21 meeting to answer questions and help fill out forms. We are excited for a fun-filled day for teachers and students alike! Please come and join us!

OUR FMTA ROSTER CONTINUES TO GROW

Deborah De La Torre, Helen Gleason, Sydney Heptig, Anna Goodwin, and Brenda Ohlschwager have joined our ranks over the summer. Welcome aboard! We look forward to getting to know each of you in the coming months.

FMTA LENDING LIBRARY

As our music "free music" library expands we will just be bringing a few categories to each meeting for you to shop from. All proceeds go to our scholarship fund! At the September meeting Davina will bring Duets, Classics and Jazz for you to "shop" from. Donations for the Library or our Free Music Collection can be brought to monthly meetings. Contact Davina Perret with questions. 225-301-2058

"Anything Worth Doing is Worth Doing Well" (unknown source)

One of the core values of FMTA is a relentless pursuit of **Musical and Educational Excellence**. It drives what we do as an organization all year long. May I suggest that each of us individually adopt the same value in our studios? Many of you already do, but I find it helpful to reexamine our standards, especially at the start of a new school year.

Setting a high bar of musical and educational excellence requires setting specific goals for each student on both a weekly and long-term basis. In turn, this requires detailed and well thought out lesson plans. Remember, the best goals are **Specific, Attainable, Time Sensitive**, and **Measurable**. "Jason will play the CM & GM scales hands together (quarter note = MM 120) at his next lesson" is a much better goal than "Jason will work on scales." Similarly, "I will pick out each student's Christmas music by October 31" is a good goal because it's clearly attainable and measurable.

The beauty of setting goals is that you are setting your own standard of success. Chrissy Ricker's article in the August/September ATM, "*Defining Success*," has some additional ideas on this topic. And don't forget: excellence also involves setting musical and personal goals for yourself, both musically and personally. You can avoid the temptation of comparing yourself to everyone else by knowing that YOU are doing what's important to YOU by staying on track of your own personal goals.

What does Musical/Educational Excellence look like for you? Let's all set a high bar!
~Elaine Van Dellen, NCTM

WEBSITE TEACHER DIRECTORY UPDATE

If you are not currently in FMTA's Website Public Directory (Find a Teacher) and would like to have your information added so that potential students may know how to contact you, or if your information has changed, please send the following information to Jan Tuttle at janetmtuttle@gmail.com by **September 30**: Your name, city, instruments taught, phone number, email address, website link (if you have one), and whether you are currently accepting students.

ACCOMPANISTS NEEDED

Brenda Bartle, music teacher at Green Mountain Elementary, is looking for an accompanist for her choir. She does not need a weekly commitment, but at least 1-2 rehearsals before 2 performances this semester. Friday rehearsals, 7:45 – 8:30 a.m. For more information, call 720-315-4174.

Lakewood United Church of Christ is looking for a qualified individual that would be able to accompany their choir on Thursday evenings 7p.m. to 8 p.m. and Sundays rehearsal from 9 a.m. to 10 a.m. with a 10:15 a.m. service. For more information, please contact the music director, Travis Kornegay at 970-405-1340 or tkornegay@gmail.com

FESTIVAL FOR CREATIVE PIANISTS 2017

The 2017 Festival for Creative Pianists will be held June 7-10, 2017. Early registration prior to November 15 allows each teacher 5 students per studio. After that date there will be no limit on the number of students each teacher may enter. For more information please visit <http://www.abundantsilence.org/festival-for-creative-pianists.html>

OBOE PLAYER NEEDED

The Denver Pops orchestra is looking for a principal oboe. Go to www.denverpopsorchestra.org for more information.

AFTER SCHOOL BAND AND ORCHESTRA

Golden Music is offering supplemental music classes and a beginning/intermediate band and string orchestra starting in mid-September. These programs are intended to augment home schooling programs and are also open to anyone who wants to know more about a variety of aspects of music: composition, theory, music history, ear training and many other offerings. These classes are held in cooperation with Golden Lyceum, a Montessori school. Please go to the website for more information: www.goldenmusic.co (yes, there is no "m" at the end of the address). Click on Golden Lyceum, then click on More Info in the section on Music Modules and the section on Daytime Band and Orchestra.

NEWSLETTER DEADLINE

If you would like to submit an article to be included in our monthly newsletter, please email Jan Tuttle at janetmtuttle@gmail.com by noon of the first Wednesday of the month.

CALENDAR OF FMTA EVENTS FOR 2016-2017

September 9, 10:00a.m.- Performance Group, home of Kathy Hammer, call 303-988-9565

September 21, 9:15 a.m.- FMTA Meeting and Program, "Find Freedom in Playing" with Michelle Brake

October 5, Achievement Day Registration Deadline

October 6, 9:30 a.m. PRP- North Area, Home of Carol Williams call 431-1790 to RSVP

October 14, 10:00 a.m.- Performance Group, Rocky Mountain Village Est., call Phyllis Pieffer 360-581-3546

October 19, 9:15 a.m.- FMTA Meeting and Program, "Adjudication" - with Nancy Kaesler,NCTM

October 27, 9:30 .m. PRP-South Area, Home of Arlyce Black, call 303-795-8162

November 5, All Day, Achievement Day, CCU Music Building

November 11, 10:00 a.m.- Performance Group, home of Jan Austin-Peck, call 303-216-2159

November 16, 9:15 a.m.- FMTA Meeting and Program, "Master Class" with Adam Zukiewicz

December 3- Winter Festival Registration Deadline

December 9-11, All Day, Barnes and Noble Holiday Music Event, call Kathy Hammer-303-988-9565

December 16- NO MEETING!

January 18, 9:15 a.m.- FMTA Meeting and Program, "Healthy Lifestyle, Healthy Teaching" with Hazel Ramsbotham,NCTM

January 28, all day, Winter Festival "Matinee at the Movies", Our Saviour's Corner of Hope Church

February 9, 9:30 a.m. PRP-North Area, Home of Carol Williams call 431-1790 to RSVP
February 10, 10:00 a.m.- Performance Group, home of Laura Rogers, call 303-706-9079 to RSVP
February 15, 9:15 a.m.- FMTA Meeting and Program, "Preparing for Auditions and Competitions"
with Andrew Cooperstock, Professor CU and Jennifer Hayghe, Assoc. Professor CU
February 18, Sonatina Festival Registration Deadline
February 22, 9:30a.m.- PRP-SouthArea, home of Arlyce Black, call 303-795-8162 to RSVP

March 10, 10:00 a.m.-Performance Group, home of Margaret Wahl, call 303-238-3465 to RSVP
March 15, No Regular Meeting- Board Members Meeting only
March 18, All Day- Sonatina Festival and Honors Recitals, CCU Music Building
March 18-22 MTNA Conference, Baltimore MD.

April 6, 9:30 a.m. PRP-North Area, Home of Carol Williams call 431-1790 to RSVP
April 14, 10:00a.m.- Performance Group, home of Diana Gaide call 303-568-0885
April 19, 9:15 a.m.- FMTA Meeting and Program, "Roundtable Discussion: Summer Programs/How to
Run a Music Camp"
April 26, 9:30a.m.- PRP- North Area, home of Arlyce Black, 303-795-8162

May 12, 10:00 a.m.- Performance Group, home of Betty Witt, call 303-456-7483
May 17 9:15 a.m.-FMTA Meeting and Program, "*Teacher Musicale and Brunch*" - FMTA Teachers and
Scholarship Recipients

June 2-4- CSMTA Conference, Colorado State University Pueblo